FSS
2ND QUARTER 2022
NEWSLETTER

## Springtime in the Family Self-Sufficiency Program

For some of you, your journey towards self-sufficiency is just beginning and for others it is reaching its end. Your enrollment and active participation in this program shows the commitment you have to change your story and change your life. That commitment is something that nobody can ever take away from you.

While several of our workshops will continue to be held via the internet for this quarter, I am excited to say that we will also be doing some in person. Whether you attend a workshop in person or virtually the information is the same. Each virtual workshop will have a unique link so you must RSVP for each workshop you wish to attend at FSS@snvrha.org. More instructions on accessing the workshops is included on the workshop schedule. Please remember that as a participant in the FSS program you are required to attend at least one Self-Sufficiency Empowerment workshop every six months. In the event you need to request a contract extension you must have met this requirement in order for your request to be considered. Check out the workshop schedule for some exciting new workshops. You must allow at least 24 business hours to schedule a workshop.

You should be receiving regular emails from your Coordinator with information on various community resources, employment opportunities and other information. Please be sure to read these emails as you may find some very helpful information in them. Please feel free to share this information with your friends, family, coworkers, or anyone else who may find the information helpful. I trust you are all having regular communication and interaction with your Coordinator. If this is not happening please do not hesitate to let me know.

One of the main requirements in the FSS program is to seek and maintain employment. We will continue to offer a monthly series of job readiness workshops: Job Searching, Resume Writing, and Interviewing. If you are currently unemployed you must be attending each of these workshops. In addition, your Coordinators may be requiring you to turn in monthly job search logs. Failure to comply with this component of the program could result in termination from the FSS program.

Hopefully you have been able to take advantage of our new electronic progress update form. This allows your FSS Coordinator to email you a link to the progress update form prior to your scheduled visit. When you complete the electronic progress update form prior to your appointment it allows more time for you and your Coordinator to discuss what's happening in your life and develop a thorough plan of action to move you closer towards self-sufficiency.

We are in the early planning phase of our Family Day Event and Home Buyer Expo. Both events will be held in June. Be on the lookout for more information as the events get closer.

For those of you in the HCV program, FSS has a dedicated Occupancy Specialist who does all the rent calculation work on the HCV FSS caseload. Her name is Shanita Tunstull. She can be reached at 702 477-3436 or stunstull@snvrha.org. Her office is located in the same area as the FSS Coordinators; hopefully this will help reduce some of the communication issues you may have been encountering lately.

Please remember that our business hours are Monday through Thursday 7:00 am – 6:00 pm. Martha Floyd, Resident Program Coordinator mfloyd@snvrha.org 702 477-3534



Providing technology access and education to under-resourced youth and their communities.

## Free Computer Lottery

**Information provided by Aldo Lopez-Linarez** 

Comp-U Dopt is a national organization that seeks to provide access to technology to under-resourced youth and their communities. Several times a year they hold a lottery in various regions in the US to get free computers to students in grades K-12. One of those regions is here in Las Vegas. You can register for the lottery by visiting

compudopt.org/las-vegas and completing the online registration.



# National Autism Awareness

## INFORMATION PROVIDED BY ALDO LOPEZ-LINAREZ

AUTISM Autism Awareness month. In the last few years we as a country have come to a better understanding of Autism Spectrum Disorder (ASD). The Center for Disease Control defines ASD as, "a developmental disability that can cause significant social, communication and behavioral challenges...problem solving abilities of people with ASD can range from gifted to severely challenged. Some people with ASD need a lot of help in their daily lives; others need less."

Having a loved one with ASD can create a need for more help. But where does one get that help? In Las Vegas, there are a number of organizations that offer services to families with loved ones with ASD. Feel free to reach out to some of the following organizations for help with diagnosing ASD, case management, treatment, and support for the family as a whole:

- Department of Health & Human Services Aging and Disability Services Division-Autism Treatment Assistance Program (702) 668-3271 (Helps pay for treatment)
- Grant a Gift Autism Foundation- Ackerman Center (702) 564-2453
- The Lovaas Center (702) 877-2521
- Proud Moments ABA (702) 766-9840
- Families for Effective Autism Treatment (FFAT) (702) 368-3328

## SCHOLARSHIP OPPORTUNITIES-ACT NOW!

#### **Information Provided By Paula Tucker**

#### **HAI Group**

NOW ACCEPTING APPLICATIONS! HAI Group's Resident Scholarship Program helps low-income students pay for higher education. To date, we have awarded more than \$1.5 million to more than 470 students across the country—students who have gone on to careers in nursing, education, social work, and more. This year, we'll be awarding scholarships worth \$6,000 each to 20 residents to continue their education. Students may enter—and be awarded—scholarships for up to four consecutive years.

- ELIGIBILITY: Applicants must meet the following criteria: Enrollment: Is or will be enrolled in an accredited and/or licensed technical school or accredited two- or four-year college or university in the United States for the fall 2022 semester.
- Residency: Resides in a housing authority or in a property with a housing choice voucher (HCV) administered by a housing authority that is a member of Housing Authority Risk Retention Group (HARRG) or Housing Authority Property Insurance, A Mutual Company (HAPI) or resides in an affordable housing property insured by Housing Enterprise Insurance Company (HEIC).
- Citizenship: Must be a United States citizen or a permanent resident (with a green card).

ACT NOW! Visit our website to access our online application to apply before 4 p.m. EST on Friday, April 29, 2022. Questions? Contact us at scholarship@housingcenter.com. And, be sure to sign up to receive the latest Resident Scholarship Program updates!

#### **Hannah Brown Community Development Corporation**

The Hannah Brown CDC in conjunction with the Urban Chamber of Commerce is inviting high school and college students to apply for scholarships ranging from \$1,000 to \$2,500 each.

- Eligible applicants must be high school seniors who reside in Nevada or full-time students pursuing an undergraduate degree. Applicants must have a cumulative 2.5 GPA or better (transcript required).
- Link: https://www.urbanchamber.org/scholarship-application/ Interested students can obtain applications online at UrbanChamber.org All entries must be postmarked by April 15, 2022 to the address below:

<u>Crawford Management Group</u>
<u>ATTN: Scholarship Committee</u>
<u>431 S. 6th Street</u>
<u>Las Vegas, NV 89101</u>
For additional information call (702) 382-5737 or email HBCDC@crawfordmg.com

#### **SCHOLARSHIP OPPORTUNITIES (CONTINUED)**

#### Kappa Diamond Scholarship



### **HOW TO MAKE A LIFE PLAN IN SIX STEPS**

indeed Article presented by Carol Hicks



Creating a life plan can help you feel more in control of your life and provide a clear path toward the things you want. The process of making a life plan starts with creating a document to record your thoughts and ideas which is easily accessible so you can review it often.

#### What is a Life Plan?

A life plan is a roadmap for your life that helps you prioritize what is important to you, make decisions based on your priorities and move toward the life you want. It should provide a clear path for your life, but it should also be flexible. As your life changes, your values and priorities may also change. A life plan is a living, breathing document that requires periodic attention to ensure it accurately reflects your life. It is your own personal guide to how you want to live, what is important to you and what you need to do to achieve the life you want.

#### Why is a Life Plan important?

A life plan is important to help you take control of your life and your future. In creating a life plan, you identify your values, what is important to you and what, and who, you want in your life. Then, when faced with decisions, you measure your options against your values and choose the option that best aligns with your priorities or that moves you forward on your chosen path. Whether it's a simple decision such as spending money on something you don't really need versus saving your money to fulfill a dream of starting your own business, or a major decision such as a career change, a life plan helps you clearly decide what is right for you.

#### How to create a Life Plan:

Creating a life plan is one of the best things you can do to identify the things you most want in your life and develop the strategy to make them happen. Here are the steps to help you create a life plan.

- 1. Create a vision: Allow yourself to dream big. Imagine what an average day in your ideal life looks like. Imagine where you work, what kind of work you do and the income you earn. Imagine your relationships with friends and family. Maybe your ideal life means gaining new skills to find a more fulfilling job. Maybe it is honing your skills to increase your marketability and find a higher paying job. Maybe it's working from home to spend more time with your family. Think about the things you want to improve in your life. This can include different areas in life, such as finances, career or health, weaknesses you want to overcome. Clearly define what success means to you and how to measure your improvement.
- 2. Perform a Self-Assessment: To perform a thorough life assessment, you need to be honest with yourself and what you want. A life assessment includes considering factors like the roles you have in life, your satisfaction with different areas of your life and your various strengths and weaknesses. Reviewing your life from different perspectives allows you to develop a holistic evaluation. Practice self-reflection to clarify your roles and satisfaction in different areas of life. Brainstorm a list of the different roles you play, to include, student, mother, wife, employee, co-worker, parent, sibling, child, etc. Prioritize these roles and identify the values you want to bring to each one. Understanding your strengths and weaknesses allows you to decide where to focus your energy; which weaknesses to improve or which strengths to highlight.

- 3. Prioritize your life: Review your list of roles and reorder them according to what is most important in your life. When prioritizing areas of your life, it's also important to consider how different areas are related. For example, you may prioritize family over finances, but some financial goals are necessary to take care of your family. Establishing that one is more important to you does not decrease the value of another; it simply indicates those areas you want to focus more attention on. This can help you identify your values and non-negotiables.
- 4. Identify your values: Allowing yourself to feel and analyze the difference clarifies your core values by comparing how your life is now and what you want your life to be will help you identify your values. The person you imagine yourself to be-with the life you imagine-lives by these values. Values become the measuring tool for every decision you will make. Decisions become much easier as you can clearly see what does and does not align with your values.
- 5. Establish goals: Establish high-level goals for the person you want to be. For each role and area of your life, consider the big goals you want to accomplish, but also make them realistic. You will want to ensure they are specific, measurable, achievable, relevant and timely.
- 6. Outline an action plan: Identify action steps that align with your values and will move you forward. These action steps are your ground-level goals for actions you take to achieve your high-level goals. For example, if a high-level goal is to change careers, a ground-level goal may be to obtain training and practice skills for the new career. Your action plan is the steps needed to work toward the life you want.

## SIIMWER CAMPS 2022

#### **INFORMATION PROVIDED BY GESHA SANDERS**

With summertime just around the corner, you might be thinking about how to keep your children engaged during this summer break. Here's a list of summer camps in Southern Nevada that offers a wide variety of summer activities and resources that aim to entertain as well as educate



#### City of Las Vegas Summer Camps

Summer camps run by the city of Las Vegas for children ages 3 to 15+ feature field trips, sports, games, arts and crafts, movies, educational activities and healthy snacks.

- Adaptive Recreation Summer Camp, 250 N. Eastern Ave, LV, NV 89101. 702-229-4903
- Cimarron Rose Community Center, 5591 N. Cimarron Road, LV, NV 89149. 702-229-1607
- Doolittle Community Center, 1950 N. J St, LV, NV 89106. 702-229-6374

#### City of Las Vegas Summer Camps (Continued)

- East Las Vegas Community Center, 250 N. Eastern Ave, LV, NV 89101. 702-229-1515
- Stupak Community Center, 251 W. Boston Ave, LV, NV 89102. 702-229-2488
- Mirabelli Community Center, 6200 Hargrove Ave LV, NV 89107. 702-229-6359
- Pavillion Pool, 101 S. Pavillion Center Dr, LV, NV 89144. 702-229-1488
- Veterans Memorial Leisure Services Center, 501 N. Pavilion Center Dr. LV, NV 89144. 702-229-1100

#### City of Henderson Summer Kids Zone Camps

Henderson's largest summer camp for children 5 1/2 – 12 years old, with arts and crafts, sports, swimming, games, field trips, music, drama, and fitness. Call 702-267-4000 for more information.

- Black Mountain Recreation Center, 599 Greenway Rd, Henderson, NV 89015. 702-267-4070
- Henderson Multigenerational Center, 250 S. Green Valley Pkwy, Henderson, NV 89012. 702-267-5800
- Silver Springs Recreation Center, 1951 Silver Springs Pkwy, Henderson, NV 89074. 702-264-5720
- Whitney Ranch Recreation Center, 1575 Galleria Dr, Henderson, NV 89014. 702-267-5850

#### **Clark County Parks & Recreation**

Summer camps run by Clark County Parks and Recreation for children ages 6 to 12. Registration is available at clarkcountynv.gov or by calling the individual locations:

- Bob Price Recreation Center, 2050 Bonnie Ln, LV, NV 89156 702-455-7600
- Cambridge Recreation Center, 3930 Cambridge St, LV, NV 89119 702-455-7169
- Hollywood Recreation & Community Services Center, 1650 Hollywood Blvd. LV, NV 89142 702-455-0566
- Paradise Recreation Center, 4775 McLeod Drive LV, NV 89121 702-455-7513
- Pearson Community Center, 1625 W. Carey Ave, LV, NV 89032 702-455-1220
- Walnut Recreation Center, 3075 N. Walnut Rd, LV, NV 89115 702-455-8402

#### City of North Las Vegas Safekey Summer Program

North Las Vegas' day camp program, for children in kindergarten through fifth grade, features weekly field trips and swimming, themed days, special events, fitness activities and nutrition programming.

- Neighborhood Recreation Center, 1638 N. Bruce St, NLV, NV 89030
- Silver Mesa Recreation Center, 4025 Allen Lane, NLV, NV 89032. Call 702-633-1608 (Option 2) for more details.

#### **Boys & Girls Clubs of Southern Nevada**

Ultimate Summer Day Camps from the Boys & Girls Clubs will be offered across the valley. Snacks, and in some cases lunch, will be provided. Programming includes weekly themes, game tournaments, arts and crafts projects, water days, family nights and more.

- Andre Agassi Club, 800 N. Martin Luther King Blvd, Las Vegas, NV 89106, 702-638-1120
- Boulder Highway Club, 3475 S. Mountain Vista St, Las Vegas, NV 89121, 702-538-9009
- Mary and Sam Boyd Club, 1608 Mose Dr. Henderson, NV 89011, 702-565-2674
- Desert Pines Club, 3750 E. Bonanza Rd. Las Vegas, NV 89110, 702-476-9224
- Downtown Club, 2801 E. Stewart Ave. Las Vegas, NV 89101, 702-388-2828
- Ralph and Betty Engelstad Club, 3540 S. Cambridge St. Las Vegas, NV 89169, 702-792-1388
- Jackie Gaughan Club, 920 Cottage Ave, Las Vegas, NV 89119, 702-731-6658
- Natalie Gulbis Club, 9552 W. Tropicana Ave. Las Vegas, NV 89147, 702-248-9502

#### **Boys & Girls Clubs of Southern Nevada**

- James Club, 2530 E. Carey Ave. North Las Vegas, NV 89030, 702-399-3172
- John C. Kish Club, 401 Drake St. Henderson, NV 89015, 702-565-6569
- Lied Memorial Club, 2850 Lindell Rd. Las Vegas, NV 89146, 702-368-0317
- Donald W. Reynolds Club, 2980 Robindale Rd. Henderson, NV 89074, 702-614-8550
- Southern Highlands Club, 10900 Southern Highlands Pkwy, Las Vegas, NV 89141, 702-534-0504

#### YMCA of Southern Nevada Day Camps

YMCA provides a day camp for children in which they will participate in fun weekly camp themes. Financial assistance is available. Please contact location or visit lasvegasymca.org.

- Heinrich Y, 4141 Meadows Lane, 702-877-9622
- Durango Hills Y, 3521 N. Durango Drive, 702-240-9622
- Centennial Hills Y, 6601 N. Buffalo Drive, 702-478-9622
- SkyView Y, 3050 E. Centennial Parkway, 702-522-7500

#### **SPECIALIZED INTEREST CAMPS**

#### Discovery Children's Museum Summer Camp

Summer camp at the Discovery Children's Museum, for ages 6 to 10, focuses on art and science. There are morning and afternoon sessions, but children can attend both for a full-day experience. Find out more online or call 702-382-3445 for more details or to register.

#### Springs Preserve Summer-Fun Camps

Springs Preserve day camps, for ages 6 to 11, take place at the preserve and Nevada State Museum, and include themed weeks, acting, swimming, animal shows, guest speakers, gardening classes and games. Find out more online or call 702-822-7700 for more details or to register.

#### Code Central Summer Tech Camp

Summer Tech Camps are perfect for kids (ages 7-15) looking to sharpen their STEM skills, build their own camp experience, and work on fun and creative projects! Our innovative curriculum allows campers to choose the project(s) they would like to work on for the week, and at the end of the camp present their finished projects to friends and family. In-person camps will take place at our Henderson Center and our Summerlin Center. We also have virtual offerings. Please visit https://mycodecentral.com/tech-camps/ or call 702-790-3930 for more information. Please enjoy \$50 off until 6/15/21 using the promo code FACES50.

#### The Tarkanian Basketball Academy

The Tarkanian Basketball Academy for students in grades 1-12 is set to offer summer camps with training, games and drills. Find out more by calling 702-871-0096.

#### Horses4Heroes

Horses4Heroes, a national nonprofit equestrian military service group, is set to host its summer camp for children ages 4 to 17. Activities include horsemanship classes, interaction with farm animals, ranch games and activities, fishing, a water slide, sports and games, arts and crafts, and weekly bowling camps at Santa Fe Station. Call 702-645-8446 for more details or email camps@horses4heroes.org

#### Las Vegas Indoor Soccer

Three different camps options are available for students, including soccer and basketball. Visit www.iloveindoorsoccer.com or call 702-233-3600 for more information.

#### **Camp Invention**

**Ages: Elementary** 

**Dates: Camp Sessions Available in June and July** 

What you should know: Visit campinvention.org or call 800-968-4332 to learn more about camps in Las Vegas this summer. The following camps are being held at these locations:

- ALEXANDER DAWSON SCHOOL
- BARBER ELEMENTARY
- BOZARTH ELEMENTARY
- DORAL ACADEMY- CACTUS
- DORAL ACADEMY- PEBBLE
- DORAL ACADEMY- SADDLE
- GLEN TAYLOR ACADEMY

- GOYNES ELEMENTARY
- MOUNTAIN VIEW LUTHERAN SCHOOL
- O'ROARKE ELEMENTARY
- SILVER SANDS MONTESSORI
- STATON ELEMENTARY
- WALLIN ELEMENTARY

#### 4-H Summer Camp

The University of Nevada Cooperative Extension is offering its Science, Technology, Engineering, Arts and Math — or STEAM — day camps for summer. Activities are slated to include plant and animal sciences, health and nutrition, computer science, aerospace, arts and more. Call Karen Best at 702-257-5538.

#### Summerlin Camps for Kids

Summer fun for kids ages 4-12 are available at The Trails, Gardens, and Vistas Community Centers. Call 702-341-5500 or visit https://www.summerlink.com/recreation/camps/summerlink.com.

#### Girl Scouts of Southern Nevada Camp

The Girl Scouts of Southern Nevada plan Camp Azalea Trail & Camp Ducktale for registered Girl Scouts ages 8 to 17. Sessions run from June through August and offer an educational experience, including singing, hiking, arts and crafts, and campfires. Prices are organized by age ranges. Visit girlscoutsnv.org.

#### Camp Sam USA

The summer camp for adults with special needs is planned from July 27-Aug. 1 at Camp Lee Canyon on Mount Charleston. Activities are set to include a Roos-N-More petting zoo, archery, a high ropes challenge course, movies, arts and crafts, hikes and Zumba. Specialized daily care is set to be provided by staff members. Register at campsamusa.org. For more information, email info@campsamusa.org.

#### **Champions Extended Learning Summer Camps**

The camps build a love for science, technology and engineering in young children, while allowing them room to play and enjoy time with peers. Art, dramatic play, math and science are included, along with problem-solving, language and motor skills to help children continue to learn and develop essential life skills whether school is in session or not. Register at discoverchampions.com/programs/break-time-programs. The camp is set to be offered at 11 locations. Please visit the website to search by zip code.

# CLARK COUNTY 27TH ANNUAL CHILDREN'S FESTIVAL

## JASON SOLORZANO

Hello to all! Clark County's Parks & Recreations department will be hosting their annual Children's Festival on April 23rd, 2022. This is a great event to attend with your family to kick off Spring. The flyer above lists the event details, location and contract information in case you have any questions. Thank you to all. Enjoy your day!





#### by Surjest Hardiman

A budget is a plan for every dollar you have. It's not magic, but it represents more financial freedom and a life with much less stress. Here's how to set up and then manage your budget.

How to budget money

- Calculate your monthly income, pick a budgeting method and monitor your progress.
- Allow up to 50% of your income for needs.
- Leave 30% of your income for wants.
- Commit 20% of your income to savings and debt repayment.
- Track and manage your budget through regular check-ins.

Understand the budgeting process

Figure out your after-tax income: If you get a regular paycheck, the amount you receive is probably it, but if you have automatic deductions for a 401(k), savings, and health and life insurance, add those back in to give yourself a true picture of your savings and expenditures. If you have other types of income — perhaps you make money from side gigs — subtract anything that reduces it, such as taxes and business expenses.

Choose a budgeting plan: Any budget must cover all of your needs, some of your wants and — this is key — savings for emergencies and the future. Budgeting plan examples include the envelope system and the zero-based budget.

Track your progress: Record your spending or use online budgeting and savings tools.

Automate your savings: Automate as much as possible so the money you've allocated for a specific purpose gets there with minimal effort on your part. An accountability partner or online support group can help, so that you're held accountable for choices that blow the budget.

**Practice budget management:** Your income, expenses and priorities will change over time, so actively manage your budget by revisiting it regularly, perhaps once a quarter.





#### BY MICHELE TALIAFERRO

There are many ways to discover, experience, and connect with the outdoors. If you live, work, or play in Nevada, volunteer with us and explore the amazing landscapes, trails and local parks that make our communities so special. Our volunteer program invites you to participate in showing Nevada's outdoor place some love through beautification projects, it's also a great way to connect with your kids by getting them out of the house

**Show Nevada's Parks and Trails** some love by helping Nevada's urban trails, community landscapes and local parks beautiful and our volunteer programs active. More importantly you can share your skills, contribute your time and enhance our lives.



There is a special partnership between Get Outdoors Nevada and the City Of Las Vegas where they promote a long-term stewardship of their neighborhood parks. Get Outdoors Nevada will host at least two organized clean-up events per year in each of the six wards. Volunteers can look forward to helping with park beautification, trash pick-up, graffiti remove and park landscaping improvements.



If you are interested, please send an email to volunteer@getoutdoorsnevada.org or info@getoutdoorsnevada.org

## JOB FAIRS AND IDEAS FOR EMPLOYMENT!

#### INFORMATION PROVIDED BY LAURA MORGAN

Nevada Job Connect – Resource Guide for Jobseekers: Their online guide gives great tips and strategies for landing a great job!

The resource guide can be found and downloaded on the Nevada Job Connect website, under the Job Seekers section.

#### **Upcoming job fairs:**

#### LAS VEGAS JOB FAIR MAY 26, 2022

Best Hire Career Fairs
For more information about this event
visit their website.
https://www.besthirecareerfairs.com/

Date, time and location: Thu, May 26, 2022 11:00 AM - 2:00 PM PDT Tuscany Suites & Casinos 255 East Flamingo Road Las Vegas, NV 89169

#### Las Vegas Career Fairs

Thursday, April 28, 2022 11:00 AM to 2:00 PM Sunset Station Hotel & Casino 1301 West Sunset Road Las Vegas, NV 89014

Thursday, May 26, 2022 11:00 AM to 2:00 PM Santa Fe Station Hotel 4949 North Rancho Drive Las Vegas, NV 89130

Thursday, June 30, 2022 11:00 AM to 2:00 PM Santa Fe Station Hotel 4949 North Rancho Drive Las Vegas, NV 89130 NON-PROFIT JOBS- Somehow Non-Profit agencies are often overlooked!
Search engines like Indeed and Simply Hired allow you to search for jobs in this field by entering, "Non Profit" as the job type you're looking for.

**Teach Vegas Webinar**- These online events are for individuals wanting to learn more about teaching in the Clark County School District.

#### Register:

https://app.brazenconnect.com/a/clark\_county\_school\_district/s/aQ878/j3QJw

April 1 @ 3:00 pm - 4:00 pm April 8 @ 10:00 am - 11:00 am April 29 @ 3:00 pm - 4:00 pm April 22 @ 10:00 am - 11:00 am May 6 @ 10:00 am - 11:00 am May 13 @ 3:00 pm - 4:00 pm May 20 @ 10:00 am - 11:00 am May 27 @ 3:00 pm - 4:00 pm

LOCAL GOVERNMENT JOBS: These jobs offer steady work schedules and great benefits! City of North Las Vegas:

http://www.cityofnorthlasvegas.com/ City of Las Vegas:

https://www.governmentjobs.com/careers/lasvegas

City of Henderson:

https://www.governmentjobs.com/careers/henderson

Clark County:

https://www.governmentjobs.com/careers/clarkcounty